

Dear Families,

It has been another busy week here for Team Binstead. Year 4 have been working hard on their Electricity topic. They have been using their knowledge of circuits to create a game with wire that lights up when you touch the wire with your wand. I was excited to test these out. The children did an amazing job with these! Well done everyone!

This week has been the turn of Tag Rugby for the Mixed Under 11 team on Wednesday who played well but sadly lost to a golden try in the semi - finals, and last night's Girl's U11 team who won their match to go through to the Island finals next week. Well done Team Binstead for your teamwork and collaboration in both matches.

Next week Years 3 and 4 have history workshops on Monday, Year 6 has a CPR workshop on Wednesday, not forgetting Parent's Evenings on Tuesday, Wednesday and Thursday depending on your child's year group. We will look forward to seeing as many of you next week as possible.

Have a great weekend everyone!

Mrs Chessell

Attendance 3.10.24—9.10.24

EYFS:	95.33%	Year 1: 94.67%	
Year 2:	94.83%	Year 3: 97.24%	
Year 4:	99%	Year 5: 96.67%	
Year 6:	95.86%	Whole School	96.23

Whole School Target: 97% +

Total learning lost due to lateness — 3 hour 2 minutes

Week 3 menu	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheese and Tomato Pizza	Pork Sausages	Roast Chicken	Cottage Pie	Fish fingers
Option 2	Tomato and Herb Lentil Pasta	Vegetarian Sausage	Cheese and Onion Pasty	Meatless Balls in Tomato Sauce	Quorn Dippers
Dessert	Chocolate Brownie with Fruit	Strawberry Jelly	Banana Cake	Lemon Sicilian Cookie	Chocolate Ice Cream

Cheese, Beans or Cheese and Beans Jacket potato, tomato pasta, yoghurt and fruit available daily

ROTARY SHOEBOXS

Need to be returned by 16th October

We still have a few empty ones in the office if you would like one

COLLECTION POINTS

Islandwide Carpet Warehouse 4 Star Street, Ryde

Busy Bee, Brading Road, Ryde



If your child is absent from school, please email or phone the office by 9.30am . Telephone calls must be confirmed in writing within 7 days or the absence will be coded as unauthorised.

Children arriving between 8:55 and 9:15 will be coded as 'Late'. Arrivals after 9:15 are coded as an 'unauthorised absence' for the session.

If they have a medical appointment and are going to be late, please also let us know and tell us if they would like a school meal ordered.







SUNDAYS 10-11.00 AM https://vectisrfc.rfu.club/ or vectisrfcchair@gmail.com





FREE CALMING WORKSHOPS BACK ONLINE!

I am pleased to advise you of the next dates for the '90 Minutes to Family Calm' series of workshops as one-off's or as a course for this term (Autumn 2024).

The course if fully funded and is open to all parents and staff working with children.

As always, the topics focus on managing feelings & emotions and supporting us with our own and our children's self-regulation.

The workshops will be available to join on Thursday evenings from 6:00-7:30 in November

PLEASE FEEL WELCOME TO JOIN AND TO PASS THIS ON.

If you would like to join any of these 90 minute zoom sessions all you need to do in the first instance is reply to this e mail <u>info@thecrossley.co.uk</u> to express your interest, then I will send you a 'joining' pack with instructions on how to enrol.

- Brain Training for Calm 7th November
- o How our brains work & how they affect our ability to achieve calm
- O Taming the Emotions Monser 14th November
- o How to avoid & manage meltdowns through becoming an 'Emotion Coach'
- o Sensible About Our Senses 21st November
- O Understanding about sensory triggers & how our senses affect our behaviour.
- o Building Self-Esteem, Confidence & Resilience 28th November
- O A fun perspective on how to feel good about ourselves & help our children to build self-esteem.
- o Relaxing our Kids 5th December
- O Building confidence & resilience through relaxation steps to relaxing for children

I hope to see many of you there!

Penny Crossley MA(Ed)